

Installation for suspension seat post

Tools needed:
From your toolkit, the largest and smallest Allen wrench along with the included seat bushing



Using the largest Allen wrench, loosen the fixed seat clamp



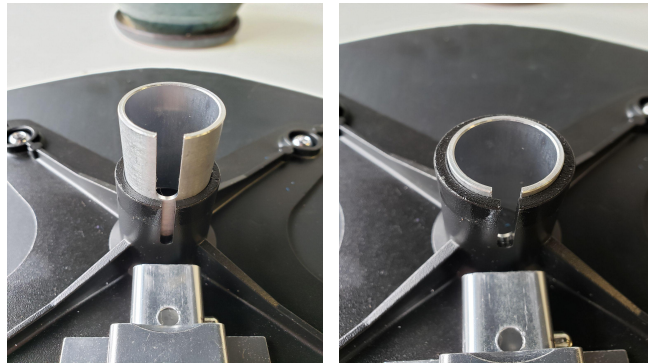
Using the smallest Allen wrench, back out the set screw by rotating to the left



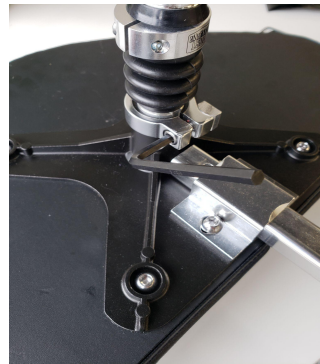
Use the same Allen wrench to remove the large seat post screw



Remove the old seat post and insert the bushing, lining up the slot on the bushing with the slot on the seat plate



Insert the seat clamp, install the suspension seat, and tighten the seat clamp



To adjust the internal spring in the seat post, use the 6mm Allen wrench included with the suspension seat post and insert it at the end of the post. Turn left to loosen, right to tighten. The heavier you are, the tighter the spring will need to be adjusted (and visa versa).



Additional Information:

1. Be sure to install the suspension seat post all the way into the yoke.
2. Frequent removal and installation of the suspension seat post from the yoke may cause galling and increase the difficulty in subsequent installation.
3. Once the bushing in the seat plate is installed, it may be extremely difficult to remove. Additional seat plates can be purchased by calling 800-342-2214.